

THE NEW  
MOON  
WISHING  
GUIDE

BY YASMIN BOLAND

# HOW TO MAKE YOUR NEW MOON WISHES IN 7 EASY STEPS



## About your Moonologer, Yasmin Boland

Journalist turned astrologer and New Age writer, Yasmin Boland, has been scouring the skies for insights for over 15 years. Passion turned to profession when she realised just how much the astrological ‘weather’ affects everyone, herself included, and she started writing about it.

As a result, she’s now read by millions of people each week via her website [moonology.com](http://moonology.com) and her astrology and New Age columns in publications including the Sunday Telegraph,

Cleo and Red. She writes the daily Stars for Yahoo! Australia and New Zealand, and for various US and UK magazines and websites, including Red.

She writes or has written columns for publications and websites in Indonesia, Japan (where she has a growing following), South Africa, Malaysia and Abu Dhabi, and as a result has followers across the world.

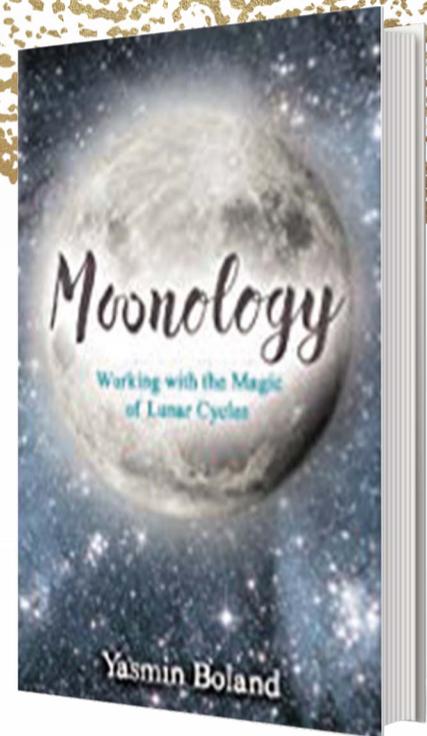
For four years, she wrote the monthly Stars (under her own name) for the late, great UK astrologer Jonathan Cainer’s site.

She’s also the author of several books – two novels, one nonfiction and two series of astrology books published in Australia, Canada, India, Portugal and the UK. In March 2014, her book *Angel Astrology 101*, coauthored with best seller Doreen Virtue, was published in early 2014 and quickly went to number 1 on the [amazon.com.au](http://amazon.com.au), [amazon.com](http://amazon.com) and [amazon.co.uk](http://amazon.co.uk) astrology best sellers lists. It has been translated into French, German, Turkish, Taiwanese among other languages. Her latest book *Moonology – working with the magic of lunar cycles* - was released with Hay House in July 2016, and has already been translated in several European languages including Polish, Estonian and Dutch.

# How To Do Your New Moon Manifesting

Remember that the New Moon is the time to make your New Moon Wishes and Intentions Lists. this exercise ideally takes place just (JUST!) after the New Moon.

1. If you have a Wish List from last month, read it over, to see which came true – then thank the Universe. If it's clear one or two wishes are no closer to coming true, consider revising them. What on your list have you edged closer to?
2. Decide on your Top Ten Wishes or Intentions for the coming four weeks. Be as specific or vague as you want to be, (and please include World Peace, for the good of the planet!)
3. Write your wishes and/or intentions down – either on a sheet of paper with a pen, or with coloured pens, pencils and so on. The more energy you invest, the better your results are likely to be.
4. Read them out to the Universe then either bury or burn your list, or set it aside so you can check it this time next month, to see how your wishes worked out. **THIS IS THE CRUCIAL BIT:** Really really FEEL how you would/will feel if and when the wishes come true. Hold those feelings.
5. Get on with your week, safe in the knowledge that you've expressed your wishes to the Universe. Do all you can to make them come true.
6. Important: If you wish and wish and wish and your wish doesn't come true and you don't actually even seem to be edging in the right direction, then it's time to contemplate if it's the right thing for you.
7. **EVEN EASIER:** Alternatively, just say “Om Namō Narayani ” three times every New Moon (or as often as you like all month – this means “I surrender to the Divine Mother” in Sanskrit (the world's oldest language) and implies a trust that God/dess will bring you what is best for you... Good luck and blessings!



All this info and much more can be found in Yasmin Boland's #1 amazon astrology best-selling Hay House book **MOONOLOGY**, which will teach you how to connect with the New and Full Moon and more.

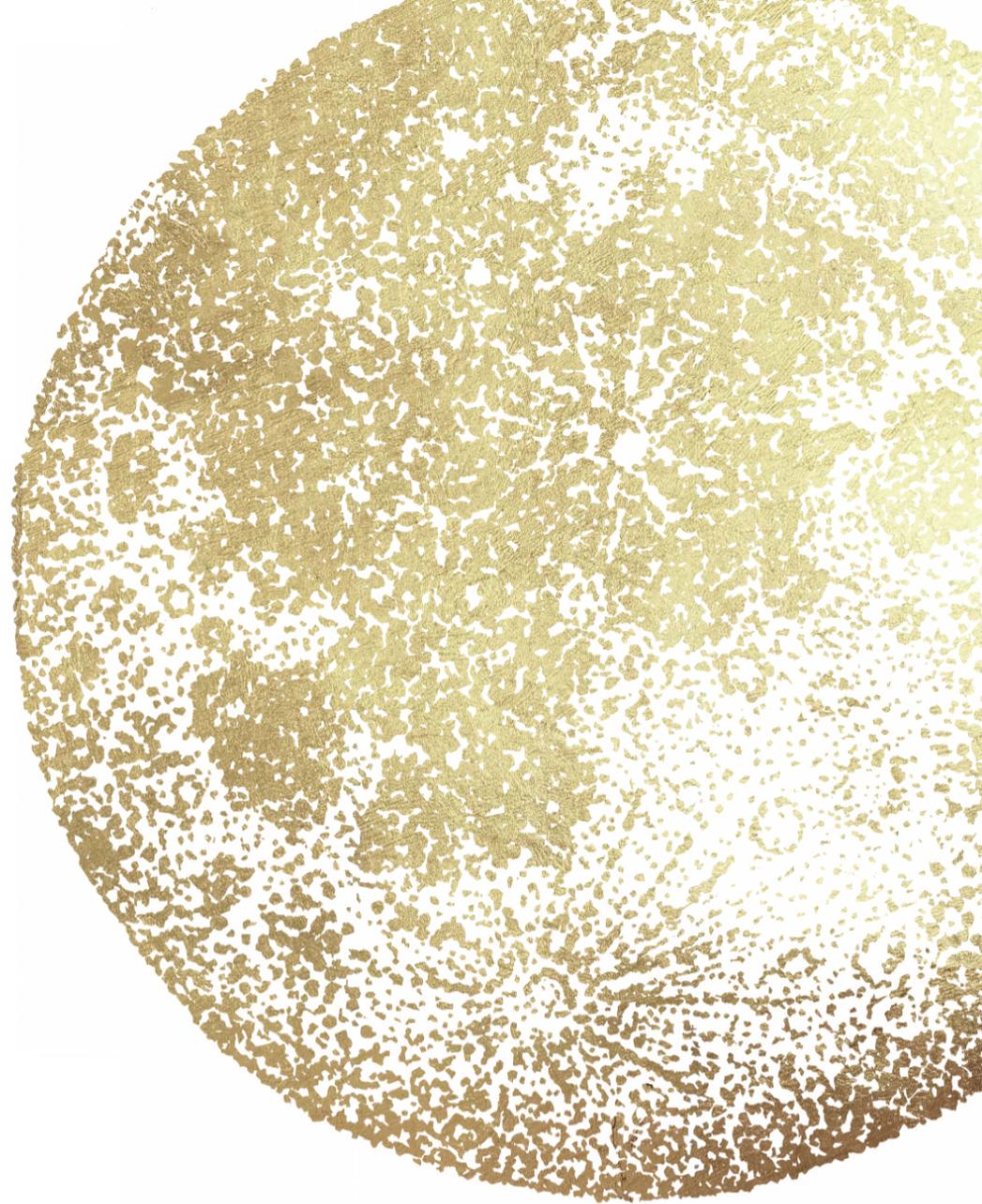
**WHAT PEOPLE ARE SAYING  
ABOUT MOONOLOGY (HAY HOUSE)**

**“My most favourite book...”**

**“I absolutely love the book. I can't put it down...”**

**“...absolutely inspiring and has helped me so much to make my connection with the moon stronger.”**

Order it from all good online booksellers or [www.moonology.com](http://www.moonology.com)



## A message from Yasmin Boland

I hope you have found this useful and enjoyed it!

My aim is to help people realise their amazing and innate powers by working with the Moon.

I would love to stay in touch!

You can find me at [www.yasminboland.com](http://www.yasminboland.com) and on social media where I offer constant astro-updates.



If you want to take your Moon magic further, click [here](#) to find out about the Sun, Moon & Stars membership portal where we consciously create with the Moon as our cosmic timer every month!

Remember, you're just one wish away!

Yasmin Boland

